FCH Quiz Bowl
Contest Memo

Date:	Friday, October 30, 2026
Location:	Hopkins County Civic Center 1200 Houston Street Sulphur Springs, TX 75440
Check-In:	TBA
Orientation:	TBA
Contest:	This contest will be held around the Food Challenge Contest. Once the contests close in TX4H, we will determine what time the FCH Quiz Bowl will take place and notify the contestants.

Registration. Each participating member is required to register on TX4H https://tx4h.tamu.edu and pay the $20.00 registration fee. Registration will open on October 5, 2026 and close at 5:00 p.m. on October 19, 2026.

If the county has multiple team entries, please denote team names on 4-H Online using this naming structure:

<County> Jr/Int Team #1	<County> Senior Team #1
<County> Jr/Int Team #2	<County> Senior Team #2
<County> Jr/Int Team #3	<County> Senior Team #3

Participation. Contestants must be active 4-H members enrolled in a Texas 4-H and Youth Development County program in District IV. Contestants must also be academically eligible (according to UIL rules) to compete on the day of the contest.

Academic Eligibility. According to the Texas Education Code, a 4-H member must be deemed "eligible" to compete in an event that takes place on a weekday or weekend. All 4-H youth, including public, private, and/or home school must adhere to the following guidelines regarding extracurricular activities and academic eligibility:

"Texas A&M AgriLife Extension Service provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, and veteran status. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating."

- Complete "Declaration of Eligibility Form" OR
- Name of 4-H member must appear on a list of eligible students to participate in a specific extracurricular activity signed by the school principal or designee.
- Contact your local County Extension Office for the process used by **YOUR** county.
- Eligibility Forms will be returned to and remain in the County Extension Office.

Age. Age divisions are determined by a participant's grade as of September 1 of the current 4-H year. Age divisions for this contest are:

Junior/Intermediate	Grades 3, 4, 5, 6, 7, 8
Senior	Grades 9, 10, 11, 12

Entries per County. Each county may enter unlimited teams per age division listed above. The top 3 senior teams will advance to state.

Members per Team. Junior/Intermediate teams must consist of 4 members from either of those age divisions. Junior and Intermediate are not allowed to move up to the senior age division. Senior teams must have 4 members per team. No intermediates can move up to a Senior Team. Any teams not having 4 members will not be allowed to compete. Consider having an alternate designated to prevent disqualification.

Spectators and Viewing.

1. Only the contestants and contest officials are allowed in the contest room during the preliminary matches. As determined by contest officials, audiences may be permitted to watch the final match(s) and this will be announced during orientation, if applicable. Any audience member making excessive noise or movement that could influence a team's answer will be asked to leave the contest.

2. Contestants are not allowed to bring any items into the contest room with them, including but not limited to phones, smart devices, recording devices, or scribing materials. This rule will be enforced for the audience as well if allowed to observe during the final(s) round.

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Failure to adhere to this policy will be grounds for disqualification for your team. All rules of the official Texas 4-H Quiz Bowl Guide will be adhered to. Brackets will be established prior to the contest, with teams being drawn randomly. Moderators will read the answer to incorrectly answered questions. Teams and coaches will stay in the orientation area, unless competing, until eliminated from the contest.

Awards. 1st through 5th place team awards in each age division will be presented at the conclusion of the contest. Individual awards will be given to first through third place individuals. To be eligible for individual awards, members must have participated in three or more matches. (for more than three matches, individual scores will be taken from the top three matches).

Participants with Disabilities. Any competitor who requires auxiliary aids or special accommodations must contact the District Extension Office or Denita Young at djyoung@ag.tamu.edu or note when registering on TX4H, at least 2 weeks before the competition to request such needs.

Contest Rules. District IV follows the rules outlined in the Texas 4-H Quiz Bowl Guide Texas 4-H Quiz Bowl Guide for all age divisions, this is a double-elimination tournament.

No cell phones or other electronic devices are allowed in the contest rooms. No scribing, note-taking, scorekeeping or recording of questions/answers or individual performance is permitted by coaches or competitors. Teams found in violations will be disqualified.

Resources.

The contest will cover materials found in Food & Nutrition, Healthy Lifestyles, and Invitational Consumer Decision

Information | Texas 4-H Quiz Bowl Guide | Project Page

Contest Superintendent. Questions regarding the District IV 4-H FCH Quiz Bowl should be directed to Joyce White at joyce.white@ag.tamu.edu

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