



## Fashion Show Contest Memo

Date: Friday, April 10, 2026

Location: Grayson College  
6101 Denison Drive  
Denison, Texas 75020

Check-In: 11:30 a.m.

Orientation: 12:00 p.m.

Contest: Begins following orientation

**Registration.** Each participating member is required to register on 4-H Online (<https://texas.4honline.com>) and pay the \$15.00 registration fee. Registration will open on March 4, 2026 and close at midnight on March 18, 2026. Paperwork is due at the time of registration (see Paperwork Requirements section below).

**Participation.** Contestants must be active 4-H members enrolled in a Texas 4-H and Youth Development County program in District IV. Contestants must also be academically eligible (according to UIL rules) to compete on the day of the contest.

All garments/ensembles to be judged must have been purchased (renting a garment is not allowed in the buying division) or constructed during participation in a 4-H Fashion & Interior Design project between June 2025, and the district contest in the 2025-2026 4-H year.

**Age.** Age divisions are determined by a participant's grade as of September 1st of the current 4-H year. Age divisions for this contest are:

- Junior (3rd, 4th, & 5th grades)
- Intermediate (6th, 7th, & 8th grades)
- Senior (9th, 10th, 11th, & 12th grades)

**Academic Eligibility.** According to the Texas Education Code, a 4-H member must be deemed "eligible" to compete in an event that takes place on a weekday or weekend.

All 4-H youth, including youth in public, private, and/or home school must adhere to the following guidelines regarding extracurricular activities and academic eligibility:

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- Complete a "Declaration of Eligibility Form"  
OR
- Name of 4-H member must appear on a list of eligible students to participate in a specific extracurricular activity signed by the school principal or designee.
- Contact your local county extension office for the process used by YOUR county.

If a 4-H member is ineligible for a 4-H competitive event, the agent must notify the 4-H member, his/her parents, and the district office, by letter/email, of this situation. If the parent has any questions, he/she should be referred to the school administrator.

\*\*\*Eligibility forms will be returned to and remain in the county offices\*\*\*

**Entries per county.** Each county may enter one individual per age division per category. The first-place senior individual in each category will qualify for state.

**Awards.** 1st through 5th place individual awards in each age category will be presented.

## 4-H FASHION SHOW INTERVIEW PROCEDURE

### 1. Introduction/Presentation

Each contestant will start by introducing themselves and model their garment for the judges. Presentation times to the judges will be as follows:

- Seniors – 5 Minutes
- Intermediates – 4 Minutes
- Juniors – 3 Minutes

During the presentation, the participants need to describe their project activities, outfit selection, construction or buying skills, and their knowledge of fiber and fabrics. Prior to competing the participant should review the contest score sheet to see the areas that will be judged.

### 2. Question and Answer

Judges will have the opportunity to ask each participant questions from the list of contest questions as well as questions related directly to the participant's garment or project experiences.

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## BUYING

1. All garments worn (garments that are visible – i.e., blouse under jacket or vest) during the interview process must be included in the buying worksheet.
2. In Buying, first place winners may enter the same category in which they have previously been awarded a first-place entry at State, unless they have competed at the National Fashion Revue. See related rules in the 2026 4-H Roundup guide.

JUNIOR AND INTERMEDIATE BUYING CATEGORIES	
<b>Dressy</b>	Garments worn to dressy activities such as church, banquets, luncheons, and 4-H interviews. Examples are children's suits and dressy dresses. The original material must be fabric and not from recycled items.
<b>Everyday Living</b>	Includes casual sportswear, weekend wear, clothing for school, casual after-school events, or hanging out with friends.
<b>Fantastic Fashion under \$25</b>	This category encourages 4-H members to explore alternative shopping options by purchasing outfits from garage sales, consignment stores, thrift shops (like Goodwill or Salvation Army), or other resale venues. The goal is to demonstrate smart consumer skills while creating a complete, stylish look. Receipts are required for all visible items during the interview—except shoes, including accessories and jewelry. Handwritten receipts are acceptable for garage sale purchases.
<b>Special Interest</b>	This category highlights outfits that support a participant's specific hobby, sport, or lifestyle needs such as equestrian gear, dancewear, hiking apparel, or rock-climbing clothing. Entries should demonstrate the ability to make smart purchasing decisions for specialized clothing that must be functional, durable, and appropriate for the activity.

**Junior/Intermediate Buying Form:**

**See at the bottom of the Contest Memo**

**Junior/Intermediate Buying Score Sheet:**

**See at the bottom of the Contest Memo**

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SENIOR BUYING CATEGORIES	
<b>Business/Interview Attire</b>	<p>This category features outfits appropriate for job interviews, scholarship interviews, job fairs, or other professional settings.</p> <ol style="list-style-type: none"> <li>1. <b>Professional</b> – A polished, conservative look such as a business suit, blazer with dress slacks or skirt, or a coordinated pantsuit.</li> <li>2. <b>Business Casual</b> – A more relaxed yet neat and professional style, including collared shirts, sweaters, khakis or slacks, modest dresses or skirts, and clean dress or casual shoes.</li> </ol>
<b>Semi-formal to Formal</b>	<p>Garments in this category are designed for semi-formal or formal occasions and must be constructed from appropriate fabrics for such events.</p> <p><b>Semi-Formal</b> attire is stylish and polished, but less formal than black-tie.</p> <ul style="list-style-type: none"> <li>• <b>Women:</b> midi or maxi dresses, wrap dresses, cocktail dresses, pantsuits, or jumpsuits.</li> <li>• <b>Men:</b> slacks with a blazer, two-piece suit (with or without a tie), and accessories like pocket squares or dress watches.</li> </ul> <p><b>Formal attire</b> is suitable for events such as prom, evening weddings, or gala parties.</p> <ul style="list-style-type: none"> <li>• <b>Women:</b> floor-length gowns, knee-length cocktail dresses, or a classic little black dress.</li> <li>• <b>Men:</b> two- or three-piece suit or tuxedo with a shirt and tie.</li> </ul>
<b>Fantastic Fashion under \$25</b>	<p>This category encourages 4-H members to explore alternative shopping options by purchasing outfits from garage sales, consignment stores, thrift shops (like Goodwill or Salvation Army), or other resale venues. The goal is to demonstrate smart consumer skills while creating a complete, stylish look. Receipts are required for all visible items during the interview—except shoes, including accessories and jewelry. Handwritten receipts are acceptable for garage sale purchases.</p>

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<b>Special Interest</b>	This category highlights outfits that support a participant's specific hobby, sport, or lifestyle needs such as equestrian gear, dancewear, hiking apparel, or rock-climbing clothing. Entries should demonstrate the ability to make smart purchasing decisions for specialized clothing that must be functional, durable, and appropriate for the activity.
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Click on this link: [Senior Entry Buying Form](#)

Click on this link: [Senior Buying Scoresheet](#)

## CONSTRUCTION

1. Garments may be constructed by sewing, knitting, or crocheting. Accessories may be purchased.
2. All garments worn (garments that are visible – i.e., blouse under jacket or vest) during the interview process must be constructed. Close-fitting legwear, tights, and pantyhose do not need to be constructed.
3. In Construction, first place winners may enter the same category in which they have previously been awarded a first-place entry at State, unless they have competed at the National Fashion Revue. See related rules in the 2026 4-H Roundup guide.

<b>JUNIOR AND INTERMEDIATE CONSTRUCTION CATEGORIES</b>	
Everyday Living	This category features garments designed for daily activities and relaxed settings. Whether it's casual sportswear, weekend outfits, sleepwear, or clothes for school and social hangouts, participants create practical, comfortable, and stylish looks suited for everyday life. The focus is on functionality, quality construction, and appropriate fabric choices that reflect the wearer's lifestyle and personality.
Re-Fashion	This category is an eco-friendly category where participants upcycle old or damaged textiles into entirely new garments. Using creativity and sewing skills, youth transform items like curtains or t-shirts into

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	fresh, fashionable pieces— beyond simple alterations—to keep materials out of landfills.
Dressy	Garments worn to dressy activities such as church, banquets, luncheons, and 4-H interviews. Examples are children's suits and dressy dresses. The original material must be fabric and not from recycled items.
Theatre/Costume	This category showcases garments created for stage productions, cosplay, or themed events. Costumes may be fully constructed from fabric or creatively built on existing clothing. Designs often feature imaginative concepts, innovative materials, and bold details with a balance between theatrical flair and wearability.

**Junior/Intermediate Construction Form:** See at the bottom of the Contest Memo

**Junior/Intermediate Construction Score Sheet:** See at the bottom of the Contest Memo

SENIOR CONSTRUCTION CATEGORIES	
Everyday Living	This category features garments designed for daily activities and relaxed settings. Whether it's casual sportswear, weekend outfits, sleepwear, or clothes for school and social hangouts, participants create practical, comfortable, and stylish looks suited for everyday life. The focus is on functionality, quality construction, and appropriate fabric choices that reflect the wearer's lifestyle and personality.
Re-Fashion	This category is an eco-friendly category where participants upcycle old or damaged textiles into entirely new garments. Using creativity and sewing skills, youth transform items like curtains or t-shirts into fresh, fashionable pieces— beyond simple alterations—to keep materials out of landfills.
Semi-formal to Formal	Garments in this category are designed for semi-formal or formal occasions and must be constructed from appropriate fabrics for such events.

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	<p><b>Semi-Formal</b> attire is stylish and polished, but less formal than black-tie.</p> <ul style="list-style-type: none"> <li>• <b>Women:</b> midi or maxi dresses, wrap dresses, cocktail dresses, pantsuits, or jumpsuits.</li> <li>• <b>Men:</b> slacks with a blazer, two-piece suit (with or without a tie), and accessories like pocket squares or dress watches.</li> </ul> <p><b>Formal attire</b> is suitable for events such as prom, evening weddings, or gala parties.</p> <ul style="list-style-type: none"> <li>• <b>Women:</b> floor-length gowns, knee-length cocktail dresses, or a classic little black dress.</li> <li>• <b>Men:</b> two- or three-piece suit or tuxedo with a shirt and tie.</li> </ul>
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Click on this link: [Senior Construction Entry Form](#)

Click on this link: [Senior Construction Score Sheet](#)

## UPCYCLE YOUR STYLE

1. A **majority** of the outfit should be upcycled (for example, a pair of denim jacket and jeans with embroidery work paired with a non-upcycled shirt, a tie dyed dress with a vest or a hand painted jacket with a sweater). **The focal point of the outfit should be the upcycled item.**
2. Garment may be new or used, purchased from a store, resale shop, or already owned.
3. Alterations should focus on decorative or creative enhancements rather than major structural reconstruction.

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4. In Upcycle Your Style, first place winners may enter the same category in which they have previously been awarded a first-place entry at State, unless they have competed at the National Fashion Revue. See related rules in the 2026 4-H Roundup guide.

JUNIOR/INTERMEDIATE AND SENIOR UPCYCLE YOUR STYLE	
Upcycle Your Style	4-H members will take a new or used garment and enhance it through creative decoration or embellishment to provide additional value and personal flair. The purpose of this category is to encourage youth to practice sustainable fashion habits by giving new life to clothing through thoughtful design choices. Participants may add trims, appliqués, patches, paint, embroidery, dye techniques, or other decorative details to upgrade and personalize a garment. The finished product should reflect the participant's creativity, style, and decision-making skills, while demonstrating how small changes can transform and extend the life of a clothing item.

**Entry Form:**        **See at the bottom of the Contest Memo**

**Click on this link:** [Upcycle Your Style Score Sheet](#)

## Texas Natural Fibers

1. All garments worn (garments that are visible – i.e., blouse under jacket or vest) during the interview process must be included in the Texas Natural Fiber worksheet.
2. Garments may be constructed by the participant or purchased, provided they prominently feature one or more Texas-grown fibers.
3. Fiber content may include cotton, wool, mohair, or blended fabrics containing these materials.
4. Participants must be able to identify the fiber content and explain its Texas connection during the judging interview.

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5. In Texas Natural Fiber, first place winners may enter the same category in which they have previously been awarded a first- place entry at State, unless they have competed at the National Fashion Revue. See related rules in the 2026 4-H Roundup guide.

SENIOR TEXAS NATURAL FIBER	
Texas Natural Fiber	The Texas Fiber category is designed to promote awareness and appreciation of Texas-grown natural fibers such as cotton, wool, and mohair. Participants will showcase garments that celebrate the state's fiber industry, highlighting the importance of local agriculture in the fashion and textile industries. Texas leads the nation in cotton production and is a significant producer of wool and mohair. This category educates youth about the state's agricultural economy and encourages mindful consumerism and fiber advocacy through fashion.
Cotton	Each garment entered must contain a minimum of 60% cotton.
Wool/Mohair	Each garment entered must contain a minimum of: <ul style="list-style-type: none"> <li>• 60% wool and 40% other fiber.</li> <li>• 60% mohair and 40% other fiber.</li> <li>• 60% blend of the two fibers and 40% other fiber.</li> <li>• 100% wool/mohair blend is also acceptable.</li> </ul>

Click on this link: [Texas Natural Fiber Entry Form](#)

Click on this link: [Texas Natural Fiber Score Sheet](#)

**Resources.** The contest will follow the State Fashion Show Guidelines which are listed on the following website: <https://texas4-h.tamu.edu/projects/fashion-interior-design/>

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### ADDITIONAL DISTRICT RULES.

- No additional garments may be carried. All garments must be worn during the competition.
- However, props can be carried for the Fashion Show only (i.e. show stick, tennis racket, golf club, corsage, teddy bear). No props will be allowed during the judging process.
- Garments not fitting category description will be judged accordingly.
- Promote Texas Fibers is a class just like construction or buying, but only open to senior members. A contestant may choose to only enter the Promote Texas Fibers Contest or both the Promote Texas Fibers Contest and the appropriate Construction or Buying division. A Promote Texas Fibers contestant may be judged twice.
- Junior contestants are allowed to construct one complete outfit or one piece of an outfit. Judges will ask Junior contestants what part of their outfit they made.
- Intermediate and Senior contestants must construct all parts of their outfit. Entries not meeting these requirements will be judged and scored accordingly.
- A participant receives a penalty of 5 or more points for not following all Fashion Show requirements, which includes not completing all forms or illegible or incorrect forms.

If ties should occur, the ties will be broken using the state tie-breaking rules.

### OTHER IMPORTANT INFORMATION

- Parents will not be allowed in the holding or judging areas during the judging process. An area will be available for parents to wait.
- Counties may enter one entry from each of the three age groups in each category of each division.
- The only entry forms that are acceptable are those found on this page. DO NOT reformat any of the Word or Adobe Documents to accommodate the amount of information you want to place on your entry.

**Participants with Disabilities.** Any competitor who requires auxiliary aids or special accommodations must contact the District Extension Office or Denita Young at [djyoung@ag.tamu.edu](mailto:djyoung@ag.tamu.edu) or note when registering on 4-H Online, at least 2 weeks before the competition to request such needs.

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**Paperwork Requirements.** Fashion Show forms must be scanned and uploaded on 4-H Online by the registration deadline. The CEA signature on the form is not required for district. Approval of 4-H Online registration will constitute CEA approval of the member's forms. Contestants who do not upload the required forms on 4-H Online at the time of entry will be disqualified.

**Contest Entry Forms and Scoresheets.**



**PLEASE BE SURE TO USE THE CORRECT AGE DIVISION ENTRY FORMS.  
IF YOU SUBMIT AN INCORRECT FORM, YOU WILL BE DISQUALIFIED.**

**Contest Superintendent.** Questions regarding the District IV 4-H Fashion Show should be directed to Meko Carder at [meko.carder@ag.tamu.edu](mailto:meko.carder@ag.tamu.edu).

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# 2025-2026 Texas 4-H Fashion Show Junior and Intermediate Buying Entry



**Category:** ☐ Dressy ☐ Fantastic Fashions under \$25 ☐ Everyday Living ☐ Special Interest

**Name:** \_\_\_\_\_ **Number of years in Clothing Project:** \_\_\_\_\_

**District:** \_\_\_\_\_ **County:** \_\_\_\_\_ **Junior:** \_\_\_\_\_

**Intermediate:** \_\_\_\_\_

Insert a high-quality photo front and back view head-to-toe photo of participant in the competition garment in the space below. Photo/Photos should not exceed the space below.

**Front**

**Back**

Insert commentary for Fashion Show. In 75 words or less, write a script about you and your outfit to be used during the Public Fashion Show. Highlight the garment that you will be wearing, 4-H Fashion and Interior Design activities or community service that you have been involved in and future goals.

**What is the total cost of your outfit? Identify garments and include cost with sales tax for items purchased for this year's project. For Fantastic Fashions under \$25, attach a copy of your receipts to this form.**

Individual Item	Cost
Total Cost of Outfit (Items purchased for this project)	

**Fiber content and permanent care labels are required on clothing by Federal Regulations. Complete the label information below for each your clothing items. If the permanent labels have been removed answer the question below the table as best as possible.**

Clothing Item						
Fiber Content						
Permanent Care Label						
Brand/Mfr's Name						
Country of Origin						

#### Summary of Project Activities

1) Learning activities 2) Community Service 3) Leadership

**Purchase Justification Summary - Explain in several sentences why the purchase(s) were a good choice in relation to:**

1) Fit 2) quality 3) cost 4) care and 5) garment use

## 2025-2026 4-H Fashion Show Junior/Intermediate Buying Score Sheet

Name: \_\_\_\_\_ District: \_\_\_\_\_ County: \_\_\_\_\_

Junior: \_\_\_\_\_ Intermediate: \_\_\_\_\_

Category: ☐ Dressy ☐ Fantastic Fashions Under \$25 ☐ Everyday Living ☐ Special Interest

Category	Total Value	Comments	Actual Score
<b>Paperwork</b> <ul style="list-style-type: none"> <li>Completeness of paperwork</li> <li>Paperwork shows application of consumer shopping skills– price, care, quality, &amp; selection</li> </ul>	<b>5</b>		
<b>Project Activities</b> <ul style="list-style-type: none"> <li>Fashion and Interior Design activities adequate for age and experience level</li> <li>Demonstrates involvement in project</li> </ul>	<b>10</b>		
<b>Outfit Selection</b> <ul style="list-style-type: none"> <li>Demonstrates knowledge of garment features that complement the member's body size and shape</li> <li>Outfit selected suitable for intended use</li> <li>Garment and accessories fashionable and appropriate</li> </ul>	<b>25</b>		
<b>Knowledge of Fiber &amp; Fabric Characteristics</b> <ul style="list-style-type: none"> <li>Garment style makes effective use of the fiber and fabric characteristics</li> <li>Knowledge of garment fiber content and care instructions</li> </ul>	<b>10</b>		
<b>Consumer Buying Skills</b> <ul style="list-style-type: none"> <li>Identifies quality of workmanship in garments purchased</li> <li>Garment cost computed accurately</li> </ul>	<b>25</b>		
<b>Interview</b> <ul style="list-style-type: none"> <li>Creates a good first impression</li> <li>Uses positive vocal qualities</li> <li>Answers questions correctly, with confidence</li> <li>Possesses good verbal communication skills</li> </ul>	<b>25</b>		
<b>Total Score</b>	<b>100</b>		
		<b>Judge's Initials:</b>	

**2026**

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## 2025-2026 Texas 4-H Fashion Show Junior and Intermediate Construction Entry Form

**Category:** ☐ Everyday Living ☐ Refashion ☐ Dressy ☐ Theatre/Costume

**Name:** \_\_\_\_\_ **Number of years in Clothing Project:** \_\_\_\_\_

**District:** \_\_\_\_\_ **County:** \_\_\_\_\_ **Junior:** \_\_\_\_\_

**Intermediate:** \_\_\_\_\_

Insert a high quality photo front and back view head-to-toe photo of participant in the competition garment in the space below. Photo/Photos should not exceed the space below.

Front	Back
<p><b>Insert commentary for Fashion Show. In 75 words or less, write a script about you and your outfit to be used during the Public Fashion Show. Highlight the garment that you will be wearing, 4-H Fashion and Interior Design activities or community service that you have been involved in and future goals.</b></p>	

**Insert a photo showing some detail that you feel is important to your garment. Ex. Topstitching on a pair of jeans or French seam on a lightweight blouse. If you don't have picture describe the technique used and the importance/significance to the garment.**

What is the total cost of your constructed garment?	
Description of fabric and notions used	Cost
Total Cost of supplies for this project	

**Why did you choose to construct this garment:**

**1) Learning activities    2) Community Service    3) Leadership**



Refashion category only - before pictures

Front	Back

## 2025-2026 Texas 4-H Fashion Show

### Junior and Intermediate Construction Score Sheet

Name: \_\_\_\_\_ District: \_\_\_\_\_ County: \_\_\_\_\_

Junior: \_\_\_\_\_ Intermediate: \_\_\_\_\_

Category: ☐ Everyday Living ☐ Refashion ☐ Dressy

Theatre/Costume

Category	Total Value	Comments	Actual Score
<b>Paperwork</b> <ul style="list-style-type: none"> <li>Completeness of paperwork</li> <li>Paperwork shows application of skills learned in the project</li> </ul>	<b>5</b>		
<b>Project Activities</b> <ul style="list-style-type: none"> <li>Fashion and Interior Design activities adequate for age and experience level</li> <li>Demonstrates involvement in project</li> </ul>	<b>10</b>		
<b>Outfit Selection</b> <ul style="list-style-type: none"> <li>Demonstrates knowledge of garment features that complement the member's body size and shape</li> <li>Garment and accessories fashionable and appropriate</li> </ul>	<b>25</b>		
<b>Knowledge of Fiber and Fabric Characteristics</b> <ul style="list-style-type: none"> <li>Garment style makes good use of the fiber and fabric characteristics</li> <li>Knowledge of garment fiber content and care</li> </ul>	<b>10</b>		
<b>Construction Skills</b> <ul style="list-style-type: none"> <li>Garment is well made (plaids and seams match, edges smooth, hem even, closures neat, well pressed)</li> <li>Appropriate construction methods used and understood their importance</li> </ul>	<b>25</b>		
<b>Interview</b> <ul style="list-style-type: none"> <li>Creates a good first impression</li> <li>Uses positive vocal qualities</li> <li>Answers questions correctly, with confidence</li> <li>Possesses good verbal communication skills</li> </ul>	<b>25</b>		
<b>Total Score</b>	<b>100</b>		
		<b>Judge's Initials:</b>	



## 2026 Texas 4-H Fashion Show Upcycle Your Style Entry Form

**Name:** \_\_\_\_\_ **Number of years in Clothing Project:** \_\_\_\_\_

**District:** \_\_\_\_\_ **County:** \_\_\_\_\_ **Division:** \_\_\_\_\_

Insert a high-quality photo front and back view head-to-toe photo of participant in the competition garment in the space below. Photo/Photos should not exceed the space below.

Front	Back

**Insert commentary for Fashion Show. In 75 words or less, write a script about you and your outfit to be used during the Public Fashion Show. Highlight the garment that you will be wearing, 4-H Fashion and Interior Design activities or community service that you have been involved in and future goals.**

**What type of clothing item(s) did you upcycle? Were the garments new, thrifted or from your closet?**

**How did you develop the idea for your design from start to finish?**

**List the techniques to upcycle this garment?**

**How will you launder and care for this garment?**

**Detailed cost to create this garment?**

Before pictures

Front		Back	