



District IV 4-H Ultra Leadership Lab **“Embrace Tradition, Shape the Future”**

June 19-21, 2023
Camp Copass – Denton Texas

EVENT DESCRIPTION

The District IV Ultra Leadership Lab is a three-day and two-night leadership training for District IV 4-H members. It will be an opportunity for the youth to build their leadership skills, gain information they can take back to their county clubs to enhance their programs, and have fun meeting and interacting with other youth across our district.

LOCATION

Camp Copass
8200 E. McKinney St.
Denton, Texas 76208

TIME

Monday, June 19, 2023 – Check-In 1:00 p.m. – 1:30 p.m.
Wednesday, June 21, 2023 – Pick-Up 12:00 p.m.

CAMP SCHEDULE

Complete agenda will be released at a later date.

OFFICER INSTALLATION

Parents are welcome to attend the 2023-2024 District Council Officer Installation that will be held on Wednesday, at 10:00 a.m. in the Hope Dorm.

THEME DAYS

Monday: Pick a decade and dress to reflect it! i.e. the 50s, 60s, 70s, 80s, etc.

Tuesday: Dress to reflect your future career!

Wednesday: Vintage 4-H T-Shirt Day! Find a vintage 4-H t-shirt from a friend or family or wear one of your own 4-H Club's t-shirt. You can accessorize it with a 4-H cap, jewelry, etc.



District IV 4-H Youth Development Program

AGE REQUIREMENT

Members must be at least in the 9th grade and not more than 12th grade by September 1 of the 2023-2024 4-H year and at least 14 years old as of the date of the camp.

COST

\$150.00 (transferable, but non-refundable), which covers lodging and meals (Day 1 – Dinner, Day 2 - Breakfast, Lunch and Dinner, Day 3 – Breakfast). For Camp Store purchases you can use cash, credit and debit cards as well as Apple Pay. Also, the concession trailer at The Patio will be open during limited hours in the afternoon and evening.

REGISTRATION

4-H members and Agents must register on 4H Online between May 17, 2023 – May 31, 2023. **No late registrations will be accepted.**

The following Release Forms must be completed by youth and Agents and presented at the time of registration:

RELEASE FORMS

- [Camp Copass Health & Registration Form](#)
- [Waiver, Indemnification, and Medical Treatment Authorization Form](#)
- [Health & Safety Statement \(HSS\)](#)
- [Parent Guardian Authorization, Waiver, and Consent for Over-the-Counter \(OTC\)](#)
- [Authorization to Dispense Medication Form \(ADM\)](#)
- [SAP Parent Guardian Authorization, Waiver, & Consent for Self-Administration of Prescription Medication](#)
- [Texas 4-H Youth Development Media/Photograph Release Form](#)

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District IV 4-H Youth Development Program

DRESS CODE

Dress for the camp is casual, but neat and that follows the 4-H dress code. Athletic or tennis type shoes are preferred. Water or lake shoes are also recommended.

Bring clothes and shoes appropriate for active sports, swimsuits, water shoes, outdoor recreation, and a dance. Tennis or athletic shoes are required for the Ropes Activity. Incoming and Outgoing District Council Officers will need to bring a nice outfit appropriate for the Officer Installation.

Items **NOT** allowed – tops with spaghetti straps, halter type tops, shirts that reveal the bare midriff, excessively loose-fitting pants/jeans, short shorts or skirts, clothing advertising referencing alcohol, drugs, violence or having a sexual content. See-through or muscle shirts are not appropriate for boys at camp. Two-piece swimsuits are **NOT** allowed and girls must wear a t-shirt over their one-piece swimsuit.

WHAT TO BRING

All participants (youth and Agents) will be housed in dorm facilities.

The following items are needed:

Pillow, sheets, blanket and/or sleeping bag, towels, washcloths, toiletries, reusable drink bottles, bug spray, sunscreen, and a flashlight.

Card or board games, snacks, and money for camp store for snacks or souvenirs.

WHAT NOT TO BRING

Please do not bring valuable electronic equipment. Do not bring water guns, water sling shots, shaving cream (unless for personal use), video games, or fireworks.

CELL PHONES

Campers will be asked to leave their cell phones in their dorm rooms during the day and evening activities.

CODE OF CONDUCT

4-H members should have completed a “Consequences of Behavior” and “Code of Conduct” form when enrolling in 4H Online for the 2023-2024 4-H year. These documents will be followed during the Ultra Leadership Lab.

EMERGENCIES

Contact your County Extension Office to relay a message to the District 4-H Specialist.



District IV 4-H Youth Development Program

PARTICIPANTS WITH DISABILITIES

If you need any type of accommodation to participate in this program or have questions about the physical access provided, please contact [Denita Young @ 972-952-9252](mailto:Denita.Young@972-952-9252) or djyoung@ag.tamu.edu at least 2 weeks prior to the program or note such needs when registering on 4-H Online. All reasonable accommodations will be assessed and made.

Food Allergies especially should be noted in the 4H Online registration, so that other options can be made.